

DaVita Kidney Care Shares Festive Halloween Recipes

PR Newswire
DENVER

DENVER, Oct. 31, 2014 /[PRNewswire](#)/ -- [DaVita Kidney Care](#), a division of [DaVita HealthCare Partners Inc.](#) (NYSE: DVA) and a leading provider of kidney care services, shares a collection of Halloween recipes that are tasty alternatives for individuals on a kidney-friendly diet.

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DaVita Kidney Care's Halloween recipes include:

- Easy Pumpkin Cheesecake
- Glistening Frog Eye Salad
- Sweet Popcorn Balls
- Spooky Punch

People with chronic kidney disease (CKD) must control their protein, phosphorus, sodium, potassium and fluid intake. DaVita Kidney Care offers hundreds of recipes for those on a kidney-friendly diet at Davita.com/Recipes, including appetizers, main courses, beverages, side dishes and desserts.

"Halloween is a great time of year to enjoy different treats, but for those on a kidney friendly diet, options can be limited," said Sara Colman, RDN, CDE, manager for DaVita.com nutrition. "These recipes can help those on a kidney diet comfortably enjoy time with family and friends."

DaVita Kidney Care also offers [DaVita Diet Helper](#), an online tool that helps those with CKD or end stage renal disease (ESRD) plan menus, make shopping lists and track nutritional intake. DaVita Diet Helper offers more than 20 [kidney-friendly candy](#) options that contain low amounts of phosphorus, potassium and sodium.

DaVita Kidney Care also invites individuals with CKD and diabetes to download its no-cost [Fall Cooking Collection](#) that features recipes like apple spice pork chops and soft ginger cookies at DaVita.com/Cookbook.

An estimated 20 million U.S. adults have CKD, which can progress to ESRD. Most are unaware of their condition, as the disease is often symptomless until the kidneys fail. Groups at highest risk for ESRD include those with diabetes or hypertension, as well as older adults, African Americans, Hispanics and Native Americans

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About DaVita Kidney Care

DaVita Kidney Care is a division of DaVita HealthCare Partners Inc., a Fortune 500(r) company that, through its operating divisions, provides a variety of health care services to patient populations throughout the United States and abroad. A leading provider of dialysis services in the United States, DaVita Kidney Care treats patients with chronic kidney failure and end stage renal disease. DaVita Kidney Care strives to improve patients' quality of life by innovating clinical care, and by offering integrated treatment plans, personalized care teams and convenient health-management services. As of June 30, 2014, DaVita Kidney Care operated or provided administrative services at 2,119 outpatient dialysis centers located in the United States serving approximately 168,000 patients. The company also operated 84 outpatient dialysis centers located in 10 countries outside the United States. DaVita Kidney Care supports numerous programs dedicated to creating positive, sustainable change in communities around the world. The company's leadership development initiatives and social

responsibility efforts have been recognized by Fortune, Modern Healthcare, Newsweek and WorldBlu. For more information, please visit DaVita.com.

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