

DaVita Kidney Care Shares Kidney-Friendly Fourth of July Recipes for Dialysis Patients

Kidney-friendly recipes help dialysis patients enjoy the holiday while maintaining a healthy diet

DENVER, July 2, 2015 /PRNewswire/ -- [DaVita Kidney Care](#), a division of DaVita HealthCare Partners Inc. (NYSE: DVA) and a leading provider of kidney care services, offers recipes that can help people with chronic kidney disease (CKD) maintain a healthy diet during the Fourth of July weekend.

"Our recipes aim to make it possible for those with kidney disease to continue their kidney-friendly eating plan even during the holidays," said Sara Colman, DaVita Kidney Care dietitian and nutrition manager for DaVita.com. "The recipes we have compiled online and in our cookbooks include fresh ingredients with a balance of healthy proteins and produce to help keep people with CKD nourished and satisfied all summer long."

DaVita's most recent cookbook, [Today's Kidney Diet: Healthy Summertime Recipes](#), features 16 kidney-friendly meals that contain less sodium, phosphorus and potassium. It also includes hydration and thirst-control suggestions, food-safety advice and tips for eating out while on vacation.

The cookbook can be downloaded for free at [DaVita.com/Cookbook](#). More than 900 kidney-friendly recipes, including many that are perfect for barbecues and potlucks, can be accessed at [DaVita.com/Recipes](#). Recipes include:

- [Red, White and Blue Pie](#)
- [Chicken and Summer Vegetable Kebabs](#)
- [Kale Slaw](#)
- [Watermelon Summer Cooler](#)
- [Blueberry Cream Cones](#)

About DaVita Kidney Care

DaVita Kidney Care is a division of DaVita HealthCare Partners Inc., a Fortune 500® company that, through its operating divisions, provides a variety of health care services to patient populations throughout the United States and abroad. A leading provider of dialysis services in the United States, DaVita Kidney Care treats patients with chronic kidney failure and end stage renal disease. DaVita Kidney Care strives to improve patients' quality of life by innovating clinical care, and by offering integrated treatment plans, personalized care teams and convenient health-management services. As of March 31, 2015, DaVita Kidney Care operated or provided administrative services at 2,197 outpatient dialysis centers located in the United States serving approximately 174,000 patients. The company also operated 93 outpatient dialysis centers located in 10 countries outside the United States. DaVita Kidney Care supports numerous programs dedicated to creating positive, sustainable change in communities around the world. The company's leadership development initiatives and social responsibility efforts have been recognized by Fortune, Modern Healthcare, Newsweek and WorldBlu. For more information, please visit [DaVita.com](#).

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